Childrens Meals

for MAT Schools

Autumn | Winter 2026



apetito

Designed for growing up

"When we created this range, we started with a simple question: what would make mealtimes better for children?

The answer was food that's full of flavour, easy to enjoy and carefully designed around children's needs. From familiar favourites to balanced everyday meals, every dish has been developed to give children more choice at mealtimes and something they can look forward to.

Building a balanced meal is simple. Just choose a protein, carbohydrate, vegetable and dessert to create a meal that's right for every child."



Jethro

Jethro Lawrence
Head Chef

Dietary information

The dietary coding information for our meals are highlighted below. This document shows the correct dietary information at the time of publishing and is displayed to help you plan menus. Please check myapetito for up to date information when adding dishes to your menus.

MW - Made Without Milk

Meals marked with a dot in the DF column indicates meals where milk & milk derivatives are deliberately not used in a recipe. We take care to avoid any accidental inclusion, but very small amounts could be present, meaning they may not be suitable for someone living with a food allergy.

GF- Gluten Free

A gluten free diet is essential for people with coeliac disease or dermatitis herpetiformis who are intolerant of the protein gluten found in wheat, rye, barley and for some, in oats. Treating these conditions involves following a strict gluten free diet. To help, we have a variety of gluten free main courses and desserts, prepared following strict criteria, to contain no more than 20 parts per million of gluten.

V- Vegetarian

Our range of vegetarian individual and multi-portion meals deliver a range of vital nutrients using beans, pulses, cheese, eggs, and Quorn. Our vegetarian meals are free from meat, fish, and their derivatives, including gelatine, but may contain products such as vegetable fats or oils, milk, vegetarian cheese (using vegetarian rennet) or eggs.

VG- Vegan

Our vegan meals are made without any animal products, including meat, fish, milk and their derivatives, eggs and animal fats. We do not use honey as an ingredient in any of our vegan dishes.

"We believe it's essential for children to explore new and exciting flavours from an early age, helping them develop a lifelong healthy eating habits. Our chefs carefully prepare every school meal with children in mind, using nutritious ingredients, flavours they enjoy, and quality you can trust."

Rachel Sipaul
apetito Dietitian

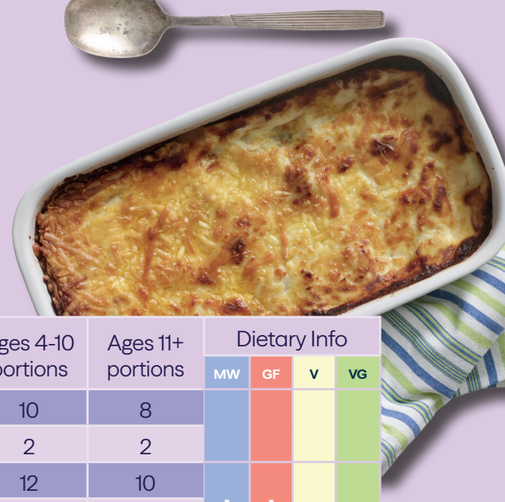
Soups

Name	Code	Pack size	Prep Portion Size	Ages 11+ portions	Dietary Info			
					MW	GF	V	VG
Minestrone Soup	324647	Large	10	8	·		·	·
	328647	Small	3	2				
Scotch Broth	324648	Large	10	8	·		·	·
	328648	Small	3	2				
Carrot & Coriander Soup	324652	Large	10	8		·	·	
	328652	Small	3	2				
Pea & Ham Soup	324649	Large	10	8		·		
	328649	Small	3	2				
Mushroom Soup	324655	Large	10	8		·	·	
	328655	Small	3	2				
Tomato Soup	324656	Large	10	8		·	·	
	328656	Small	3	2				
Leek & Potato Soup	324657	Large	10	8			·	
	328657	Small	3	2				
Cream of Chicken Soup	324662	Large	10	8		·		
	328662	Small	3	2				
Red Lentil Broth	324676	Large	10	8	·	·	·	·
	328676	Small	3	2				
Tomato, Red Pepper & Lentil Soup	324677	Large	10	8	·	·	·	·
	328677	Small	3	2				
Tomato & Bean Soup	324682	Large	8	8	·	·	·	·
	328682	Small	3	2				
Vegetable Soup	324679	Large	10	8	·	·	·	·
	328679	Small	3	2				



Main Meals

Beef

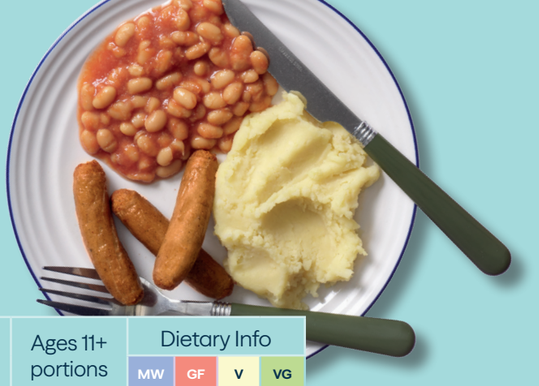


Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info			
					MW	GF	V	VG
Beef Lasagne	324101	Large	10	8				
	328101	Small	2	2				
Beef Casserole	324103	Large	12	10	·	·		
	328103	Small	3	2				
Chilli Con Carne	324105	Large	12	10	·	·		
	328105	Small	3	2				
Cottage Pie	324114	Large	10	8		·		
	328114	Small	3	2				
Beef Bolognaise with Pasta	324115	Large	10	8	·			
	328115	Small	3	2				
Corned Beef Hash	324119	Large	10	8	·	·		
	328119	Small	3	2				
Steak Pie with Flaky Pastry Top	324133	Large	10	8	·			
	328133	Small	3	2				
Premium Roast Beef in Gravy	324141	Large	8	8	·	·		
	328141	Small	2	2				
Beef Stew & Dumplings	324144	Large	8	8	·			
	328144	Small	2	2				
Chinese Style Beef NEW	324151	Large	8	6	·	·		
	328151	Small	3	2				





Main Meals
Pork



Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info			
					MW	GF	V	VG
Roast Pork in Gravy	324235	Large	8	8	·	·		
	328235	Small	2	2				
Quiche Lorraine	324217	Large	10	8				
	328217	Small	3	2				
Pork & Apple Casserole	324225	Large	12	10	·	·		
	328225	Small	3	2				
Cooked Sausages	342607	Large	6	6	·			
Pasta Carbonara	324620	Large	8	6				
	328620	Small	3	2				
Sausage Casserole	324625	Large	12	10	·			
	328625	Small	3	2				
Pork Meatballs in Tomato & Herb Sauce	324626	Large	8	6	·			
	328626	Small	3	2				
Cowboy Beans & Sausages NEW	324631	Large	10	5	·			
	328631	Small	4	2				
Mini Pork Chipolata Sausages NEW	324630	Large	12	9	·			
	328630	Small	4	3				



Main Meals
Chicken



Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info			
					MW	GF	V	VG
Sweet & Sour Chicken	324410	Large	12	10	·	·		
	328410	Small	3	2				
Chicken Curry	324423	Large	12	10	·	·		
	328423	Small	3	2				
Chicken & Vegetable Casserole	324429	Large	12	10	·	·		
	328429	Small	3	2				
Chicken Goujons	324472	Large	6	4	·			
	328472	Small	1.5	1				
Sliced Roast Chicken in Gravy	324445	Large	10	8	·	·		
	328445	Small	3	2				
Chicken Breast in Tomato & Basil Sauce	342457	Large	6	6	·	·		
	328457	Small	2	2				
Chicken Korma	324449	Large	12	10		·		
	328449	Small	3	2				
Baked Chicken & Vegetable Pie	324450	Large	10	8	·			
	328450	Small	3	2				
Chicken & Pasta with Tomato & Herbs	324452	Large	8	6	·			
	328452	Small	3	2				
Chicken & Sweetcorn Bake	324453	Large	10	8				
	328453	Small	3	2				
Chicken Tikka Masala	324456	Large	12	10		·		
	328456	Small	3	2				
Hunters Chicken	324461	Large	12	10				
	328461	Small	3	2				
Potato Topped Chicken Pie	324464	Large	10	8		·		
	328464	Small	3	2				
Cheesy Garlic Chicken Bake	324465	Large	10	8		·		
	328465	Small	3	2				
Tomato & Paprika Chicken	324467	Large	12	10	·	·		
	328467	Small	3	2				

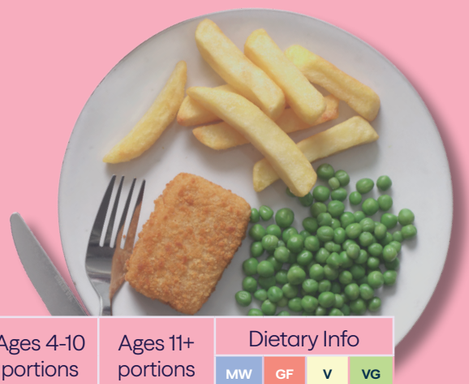


Main Meals
Chicken & Lamb

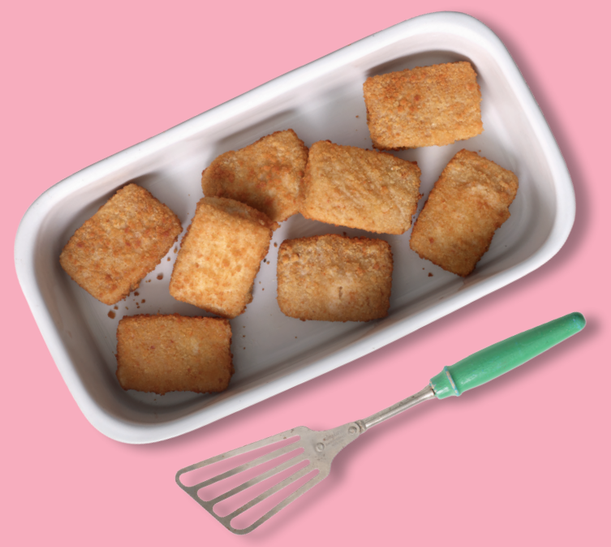
Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info MW	GF	V	VG
Chicken								
Green Thai Chicken Curry	324468	Large	12	10	·	·		
	328468	Small	3	2				
Breaded Chicken Fillets	324469	Large	6	6	·			
	328469	Small	2	2				
Fajita Chicken Mix	324471	Large	8	6	·	·		
	328471	Small	3	2				
Chicken Stir-Fry NEW	324474	Large	8	6	·			
	328474	Small	3	2				
Lemon & Herb Chicken with Rice NEW	324473	Large	3	3	·	·		
Lamb								
Roast Lamb in Gravy	324300	Large	10	8	·	·		
	328300	Small	3	2				



Main Meals
Fish



Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info MW	GF	V	VG
Salmon & Broccoli Bake	324504	Large	10	8				
	328504	Small	3	2				
Breaded Cod	324505	Large	6	6	·			
	328505	Small	2	2				
Fishcakes	324506	Large	8	8	·			
	328506	Small	2	2				
Tuna Pasta Bake	324508	Large	8	6				
	328508	Small	3	2				
Fish Goujons	324528	Large	8	6	·			
	328528	Small	3	2				
Smoked Haddock & Spinach Crumble	324532	Large	10	8				
	328532	Small	3	2				
Mini Breaded Fish NEW	324543	Large	8	4	·			
	328543	Small	2	1				
Salmon Rigatoni in a Creamy Lemon Sauce NEW	324542	Large	10	6				
	328542	Small	3	2				

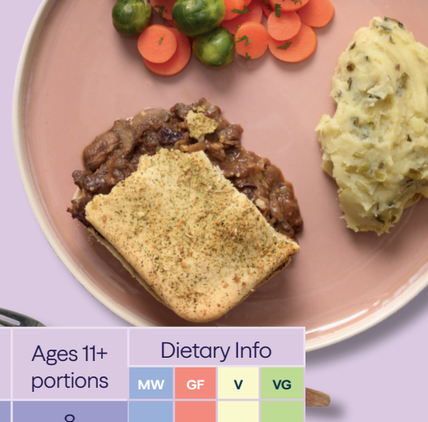


Main Meals
Vegetarian & Vegan



Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info			
					MW	GF	V	VG
Cauliflower Cheese	324701	Large	8	6		·	·	
	328701	Small	3	2				
Vegetable Lasagne	324703	Large	10	8			·	
	328703	Small	3	2				
Vegetarian Cottage Pie	324708	Large	10	8		·	·	
	328708	Small	3	2				
Macaroni Cheese	324977	Large	8	6			·	
	328977	Small	3	2				
Potato, Cheese & Leek Bake	324713	Large	10	8		·	·	
	328713	Small	3	2				
Baked Vegetable Pie	324735	Large	10	8			·	
	328735	Small	3	2				
Penne Pasta in Tomato & Basil Sauce	324741	Large	8	6	·		·	·
	328741	Small	3	2				
Cheese & Onion Pie	324742	Large	10	8			·	
	328742	Small	3	2				
Vegetarian Tikka Masala	324743	Large	12	10		·	·	
	328743	Small	3	2				
Moroccan Bean Casserole	324906	Large	12	10	·	·	·	·
	328906	Small	3	2				
Plant Based Shepherds Pie	324929	Large			·		·	·
	328929	Small	3	2				
Cheese & Onion Quiche	324934	Large					·	
	328934	Small	3	2				
Vegetable Quiche	324935	Large					·	
	328935	Small	3	2				
Bean Chilli	324943	Large	12	10	·	·	·	·
	328943	Small	3	2				

Main Meals
Vegetarian & Vegan



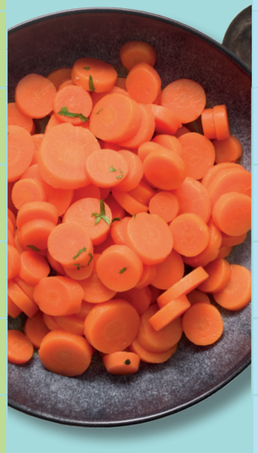
Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info			
					MW	GF	V	VG
Cauliflower, Spinach & Lentil Curry	324944	Large	10	8	·	·	·	·
	328944	Small	3	2				
Tomato, Lentil & Sweet Potato Crumble	324945	Large	10	8	·		·	·
	328945	Small	3	2				
Lentil & Vegetable Flaky Topped Pie	324947	Large	10	8	·		·	·
	328947	Small	3	2				
Thai Red Curry with Chicken Style Pieces	324955	Large	12	10	·		·	·
	328955	Small	3	2				
Vegetable Gratin	324956	Large	10	8	·		·	·
	328956	Small	3	2				
Vegan Sausages	324967	Large	6	6	·		·	·
	328967	Small	2	2				
Tomato & Chickpea Gratin	324980	Large	10	6	·	·	·	·
	328980	Small	3	2				
Chickpea Curry	324991	Large	10	8	·	·	·	·
	328991	Small	3	2				
Cheesy Pesto Pasta NEW	324995	Large	6	4			·	
	328995	Small	2	2				
Baked Chestnut Mushroom Pie NEW	324992	Large	10	6			·	·
	328992	Small	3	2				
Lemon, Pea & Asparagus Risotto NEW	324993	Large	10	6		·	·	
	328993	Small	3	2				
Aubergine Parmigiana NEW	324994	Large	10	6		·	·	·
	328994	Small	3	2				
Cheese & Tomato Pizza NEW	334714	Large	6	4			·	



Side Dishes
Vegetables



Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info			
					MW	GF	V	VG
Broccoli	324740	Large	10	8	·	·	·	·
	328740	Small	3	2				
Peas	324756	Large	12	10	·	·	·	·
	328756	Small	3	2				
Cabbage	324982	Large	12	10	·	·	·	·
	328982	Small	3	2				
Cauliflower	324983	Large	10	8	·	·	·	·
	328983	Small	3	2				
Brussels Sprouts	324759	Large	12	10	·	·	·	·
	328759	Small	3	2				
Carrot Tips	324760	Large	12	10	·	·	·	·
	328760	Small	3	2				
Cut Green Beans	324761	Large	12	10	·	·	·	·
	328761	Small	3	2				
Mixed Vegetables	324762	Large	12	10	·	·	·	·
	328762	Small	3	2				
Mushy Peas	342988	Large	12	10	·	·		·
	328988	Small	3	2				
Sliced Carrots	324764	Large	12	10	·	·	·	·
	328764	Small	3	2				
Minted Summer Vegetables	324768	Large	12	10	·	·	·	·
	328768	Small	3	2				
Baked Beans	324769	Large	12	10	·	·	·	·
	328769	Small	3	2				
Vegetable Medley	324770	Large	12	10	·	·	·	·
	328770	Small	3	2				
Mashed Swede	324771	Large	10	8	·	·	·	·
	328771	Small	3	2				
Sweetcorn	324775	Large	12	10	·	·	·	·
	328775	Small	3	2				
Mashed Root Vegetable	324791	Large	10	8	·	·	·	·
	328791	Small	3	2				
Broccoli (large florets)	324920	Large	8	6	·	·	·	·
Root Vegetable Medley	324949	Large	10	8	·	·	·	·
	328949	Small	3	3				
Spring Vegetable Medley	324964	Large	12	10	·	·	·	·
	328964	Small	3	2				





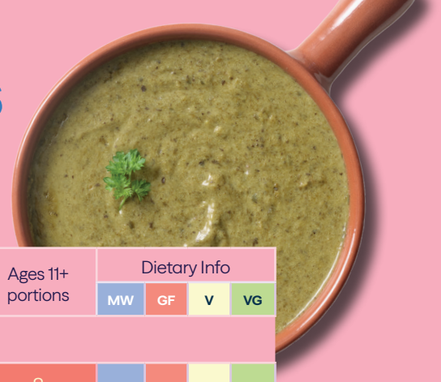
Side Dishes
Potatoes & Rice



Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info			
					MW	GF	V	VG
Sauté Potatoes	324745	Large	6	6	·	·	·	·
	328745	Small	3	2				
Boiled Potaoes	324752	Large	8	6	·	·	·	·
	328752	Small	3	2				
Croquette Potaoes	324754	Large	6	6	·	·	·	·
	328754	Small	3	2				
White Rice	324765	Large	8	6	·	·	·	·
	328765	Small	3	2				
Vegetable Rice	324779	Large	8	6	·	·	·	·
	328779	Small	3	2				
Golden Roasting Potatoes	324780	Large	8	6	·	·	·	·
	328780	Small	3	2				
Mashed Potato	324787	Large	8	6		·	·	
	328787	Small	3	2				
Potato Wedges	324789	Large	8	6	·	·	·	·
	328789	Small	3	2				
Colcannon Mash	324909	Large	12	10	·	·	·	·
	328909	Small	3	2				
Basmati Yellow Rice	324916	Large	8	6	·	·	·	·
	328916	Small	3	2				
Hash Browns	324928	Large	12	6	·	·	·	·
	328928	Small	4	2				
Baby Potatoes	324970	Large	6	6	·	·	·	·
	328970	Small	3	2				
Oven Chips	324972	Large	6	6	·	·	·	·
	328972	Small	3	2				
Wholegrain Rice	324976	Large	8	6	·	·	·	·
	328976	Small	3	2				



Pasta, Accompaniments & Breakfast Dishes





Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info MW	GF	V	VG
Pasta & Sauces								
Lentil Bolognaise	324979	Large	10	8	·	·	·	·
	328979	Small	3	2				
Penne Pasta	324971	Large	6	6	·		·	·
	328971	Small	3	2				
Wholewheat Rigatoni NEW	324996	Large	6	4	·		·	·
	328996	Small	2	2				
Ditalini Pasta NEW	324997	Large	8	6	·		·	·
	328997	Small	3	2				
Noodles NEW	334718	Large	6	4	·		·	·
	338718	Small	2	2				
Beef Bolognaise Sauce Improved	324149	Large	10	6	·	·		
	328149	Small	4	2				
Cheesy Green Veggie Sauce NEW	334704	Large	10	8		·	·	
	338704	Small	4	3				
Tomato & Basil Sauce NEW	334705	Large	8	4	·	·	·	·
	338705	Small	2	2				
Katsu Curry Sauce	328987	Small	15	8	·		·	·
Accompaniments								
Yorkshire Puddings	255100	Bag	25	25			·	
Ready Baked Jacket Potatoes (Portion Per Bag)	255122	Bag	45	45	·	·	·	·
Garlic Bread Slices (Box) NEW	292606	Box	56	56	·		·	·
Gravy	324777	Large	12	10	·	·	·	·
	328777	Small	3	3				
Sage & Onion Stuffing	328792	Small	10	8	·		·	
Breakfast Dishes All our Accompaniments & Breakfast Dishes are individually priced								
Sausages	324607	Large	6	6	·			
Vegan Sausages	324967	Large	6	6	·		·	·
	328967	Small	2	2				
Creamy Porridge	324681	Small	10	8			·	
Scrambled Eggs	324720	Large	10	8		·	·	
	328720	Small	3	2				
Hash Browns	324928	Large	12	6	·	·	·	·
	328928	Small	4	2				

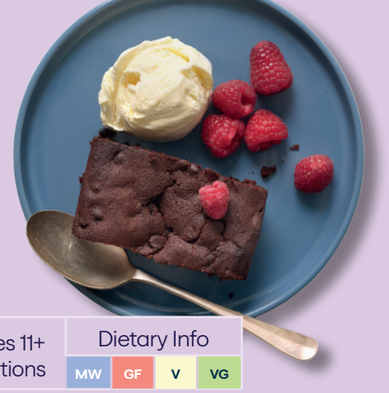
* Please note our Yorkshire Puddings (255100) are sold as 25 per bag, 4 bags are in a case

Hot Desserts



Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info MW	GF	V	VG
Pies								
Mixed Fruit Pie	324808	Large	12	10	·		·	·
	328808	Small	3	2				
Apple Pie	324859	Large	12	10	·		·	·
	328859	Small	3	2				
Puff Top Apple Pie NEW	334809	Large	16	14	·		·	·
	338809	Small	6	5				
Crumbles								
Apple Crumble	324801	Large	12	10	·		·	·
	328801	Small	3	2				
Apricot Crumble	324852	Large	12	10	·		·	·
	328852	Small	3	2				
Sponges								
Apple Sponge	324805	Large	12	10	·		·	
	328805	Small	3	2				
Chocolate Chip Sponge	324806	Large	12	10	·		·	
	328806	Small	3	2				
Syrup Sponge	324811	Large	12	10	·		·	
	328811	Small	3	2				
Jam Sponge	324818	Large	12	10	·		·	
	328818	Small	3	2				
Summer Fruit Sponge	324836	Large	12	10	·		·	
	328836	Small	3	2				
Pineapple Sponge	324851	Large	12	10	·		·	
	328851	Small	3	2				
Lemon Flavour Sponge	324867	Large	12	10	·		·	
	328867	Small	3	2				
Gluten Free Chocolate Sponge	324894	Large	12	10	·	·	·	
	328894	Small	3	2				
Gluten Free Vanilla Sponge	324888	Large	12	10	·	·	·	
	328888	Small	3	2				

Hot Desserts



Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info MW	GF	V	VG
Pudding								
Spotted Dick	324816	Large	12	10			•	
	328816	Small	3	2				
Jamaican Ginger Pudding with Orange Sauce	324817	Large	12	10			•	
	328817	Small	3	2				
Bakewell Tart	324823	Large	12	10	•		•	
	328823	Small	3	2				
Somerset Apple Cake	324842	Large	16	14	•		•	
	328842	Small	6	4				
GF Rhubarb & Ginger Sponge	324843	Large	12	10	•	•	•	
	328843	Small	3	2				
Hot Chocolate Brownie	324898	Large	12	10			•	
	328898	Small	3	2				
Banana Bread NEW	324802	Large	16	14	•		•	•
	328802	Small	6	5				
Toffee Apple Pudding NEW	334804	Large	16	14			•	
	338804	Small	6	5				
Milk Pudding								
Chef's Rice Pudding	324824	Large	12	10		•	•	
	328824	Small	3	2				
Coconut Rice Pudding	324868	Large	12	10	•	•	•	•
	328868	Small	3	2				
Banana & Cinnamon Rice Pudding NEW	334810	Large	14	10		•	•	
	338810	Small	5	4				



Hot Desserts



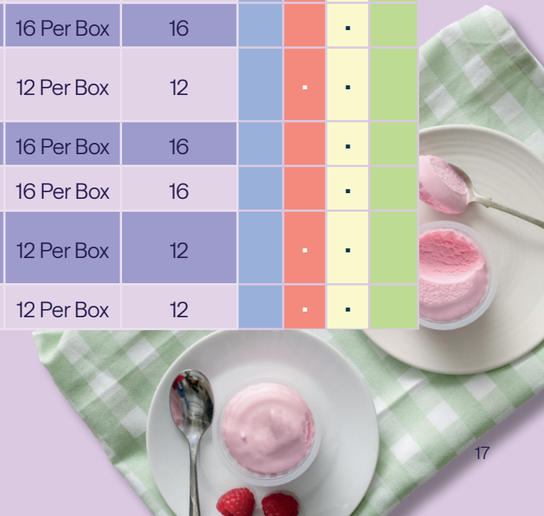
Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info MW	GF	V	VG
Cooked Fruit								
Stewed Apple	324863	Large	12	10	•	•	•	
	328863	Small	3	2				
Custard								
Custard	324803	Large	15	12		•	•	
	328803	Small	6	4				

Cold Desserts



Vanilla Flavoured Ice Cream	292172	Indiv	36 Per Box	36		•	•	
Chocolate Ice Cream	292170	Indiv	36 Per Box	36		•	•	
Strawberry Flavoured Ice Cream	292171	Indiv	36 Per Box	36		•	•	
Strawberry Sundae	292120	Indiv	15 Per Box	15		•	•	
Caramel Sundae	292121	Indiv	15 Per Box	15		•	•	
Blackcurrant Cheesecake	292122	Indiv	24 Per Box	24				•
Chocolate Mousse	292124	Indiv	18 Per Box	18		•	•	
Strawberry Mousse	292125	Indiv	18 Per Box	18		•	•	
Strawberry Cheesecake	292126	Indiv	24 Per Box	24			•	
Raspberry Dessert	292127	Indiv	27 Per Box	27		•	•	
Apricot & Peach Dessert	292128	Indiv	27 Per Box	27		•	•	
Chocolate Eclairs	292399	5	45 Boxes	45			•	
Fruit Cocktail	292419	Indiv	24 Per Box	24	•	•	•	•
Crème Caramel	292141	Indiv	16 Per Box	16			•	
Strawberries in Clotted Cream Ice Cream	292143	Indiv	12 Per Box	12		•	•	
Strawberry Trifle	292148	Indiv	16 Per Box	16			•	
Raspberry Trifle	292149	Indiv	16 Per Box	16			•	
Raspberry Ripple in Clotted Cream Ice Cream	292152	Indiv	12 Per Box	12		•	•	
Clotted Cream Ice Cream	292456	Indiv	12 Per Box	12		•	•	

All our Cold Desserts & Custard are individually priced



Cakes & Savoury Pastries

Name	Code	Pack size	Ages 4-10 portions	Ages 11+ portions	Dietary Info MW	GF	V	VG
Cakes								
Lemon Drizzle Cake	293006	20	1	1	·		·	
Ginger Drizzle Cake	293009	20	1	1	·		·	
Chocolate Cake	293010	20	1	1	·		·	
Large Lemon Drizzle Cake	293012	10	6	4	·		·	
Large Country Cake	293015	10	6	4	·		·	
Large Cherry & Almond Cake	293030	10	6	4	·		·	
Chocolate Chip Muffin	293016	20	1	1	·		·	
Savoury Pastries								
Steak Bake	292604	36	36	36	·			
Chicken & Mushroom Bake	292603	36	36	36				
Beef & Vegetable Pasty	292600	30	30	30				
Cheese & Onion Pasty	292602	36	36	36			·	
Sausage Roll	292605	50	50	50	·			
Bacon & Cheese Turnover	292601	30	30	30				

All our Cakes & Savoury Pastries are individually priced





Made with children in mind

Every meal in this range has been shaped by the views and experiences of children, parents, schools and our customers. From research and focus groups to children's tasting sessions, we've listened closely to what young diners really enjoy. The result is a menu packed with dishes children are excited to eat, while continuing to meet high nutritional standards.

We discovered that children often look forward to mealtimes at home more than they do at school. That's why this range has been designed to bring more enjoyment, more choice and more variety to the dining experience, helping
make school meals something children can genuinely look forward to.

Created by our chefs, dietitians and product development team, every dish combines great taste, balanced nutrition and the flexibility schools need.

1 Designed for Every Need

From everyday favourites to tailored dietary requirements, our range helps you cater for a wide variety of nutritional needs with confidence.

2 Expertise You Can Trust

Our chefs and dietitians work together to create meals that balance great taste with the nutrition children need to learn, grow and thrive.

3 Simple to Serve

Designed with busy school kitchens in mind, our meals are easy to prepare, simple to serve and consistent in quality every time.

Our Manifesto

Making a real difference comes from the small things done well, every single day. The care taken in sourcing better ingredients, the expertise behind every meal, the support offered to every customer, and the commitment to quality at every stage all add up to something bigger.

Because food is never just food. It brings comfort, confidence, dignity and wellbeing to the people who need it most. That's why we pay attention to the details others overlook, creating meaningful impact through every meal, every partnership and every experience.